

# Scheduling Bone Density (DEXA) Scanning

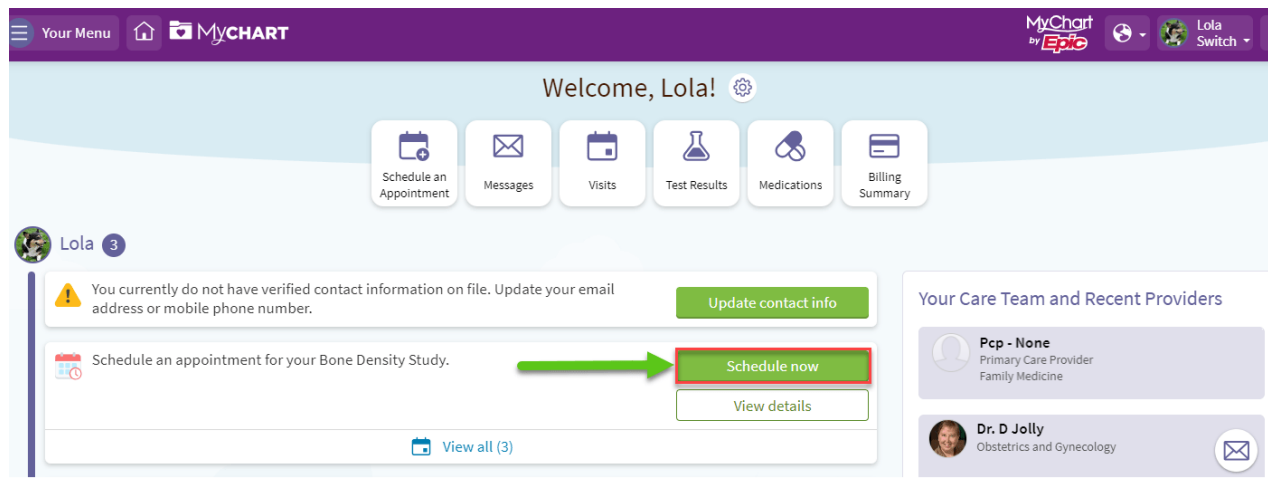
## Valley Breast Center

### What is a DEXA scan?

Also called a bone density scan, a DEXA scan is an imaging study that measures bone density (strength). DEXA scan results can provide helpful details about your risk for osteoporosis (bone loss) and fractures (bone breaks). DEXA scans are available at Valley's Breast Center with a physician referral and can be scheduled through MyChart.

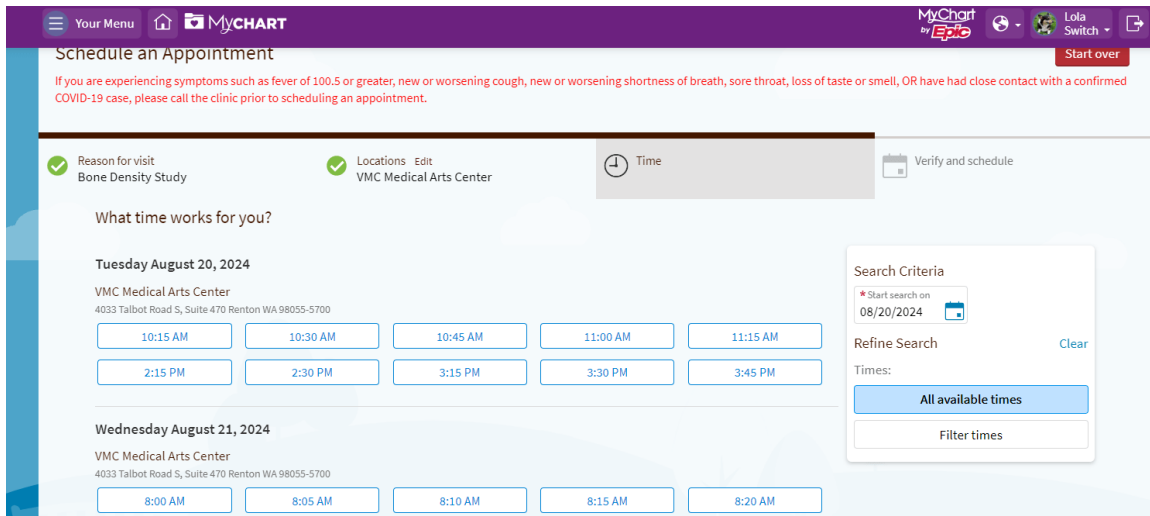
### How do I schedule through MyChart?

1. Once your doctor places the order for a DEXA scan, you will receive a notification via MyChart. After logging into your account, you should see the order on your home screen alongside a button labeled "Schedule now."

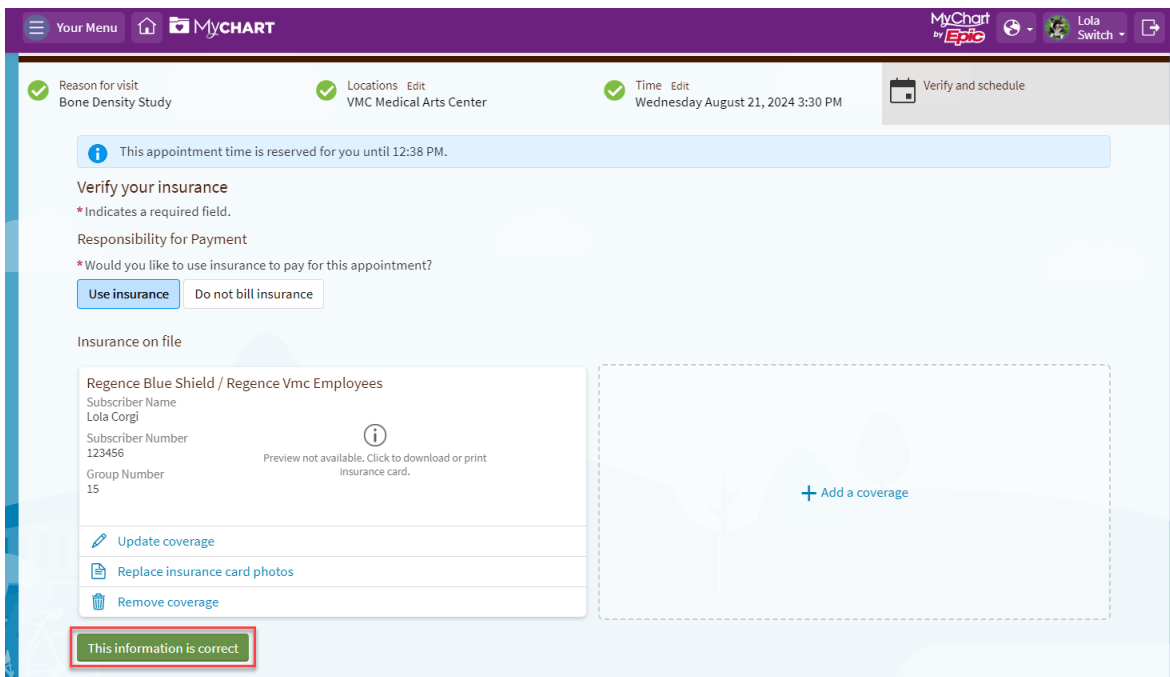


2. This will walk you through a series of screens and questions you'll be required to answer. In some cases, your answer may indicate that on-line scheduling is not appropriate for your situation, and you may be asked to call the clinic to schedule with a live person.

- Once all of the questions have been answered, you'll be shown a calendar with various dates and time available for scheduling. Select the best option for you and proceed to the next screen.



- On the final screens, you will indicate whether or not you'd like your visit to be billed to insurance, verify that your insurance information is correct, and finalize scheduling.



- Once the appointment is scheduled, you will be able to reschedule or cancel your appointment any time through MyChart.