Know Where to Go

Our Therapy Services teams are here to help get you back to the life you love!

Customized plan to improve your health, functional performance and participation in every day activities. INJURY/CONDITION THERAPY Acute Sprain/Strain Chronic/Overuse Injuries Surgical Rehabilitation Pre-Surgical Optimization Sports Therapy Hand Therapy/Orthotics SPECIALIZED PROGRAMS Oncology Health Optimization Cancer – Pre/Post Surgery Lymphedema Vestibular/Balance Training Pelvic Floor Rehabilitation Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion Renton location Renton location DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Reluthy Foundations Program Diabetes Education Healthy Foundations Program	We partner with you to develop a		Outpotions	
Medicine Covingles Covingles Covingles Medicine Med	customized plan to improve your	Lifestyle	Outpatient	
INJURY/CONDITION THERAPY Acute Sprain/Strain Chronic/Overuse Injuries Surgical Rehabilitation Pre-Surgical Optimization Sports Therapy Hand Therapy/Orthotics SPECIALIZED PROGRAMS Oncology Health Optimization Cancer – Pre/Post Surgery Lymphedema Vestibular/Balance Training Pelvic Floor Rehabilitation Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion Renton location DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	•	_		
Acute Sprain/Strain Chronic/Overuse Injuries Surgical Rehabilitation Pre-Surgical Optimization Sports Therapy Hand Therapy/Orthotics SPECIALIZED PROGRAMS Oncology Health Optimization Cancer – Pre/Post Surgery Lymphedema Vestibular/Balance Training Covington/Renton Pelvic Floor Rehabilitation Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion Renton location DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	participation in every day activities.		Services	
Chronic/Overuse Injuries Surgical Rehabilitation Pre-Surgical Optimization Sports Therapy Hand Therapy/Orthotics SPECIALIZED PROGRAMS Oncology Health Optimization Cancer – Pre/Post Surgery Lymphedema Vestibular/Balance Training Pelvic Floor Rehabilitation Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion Renton location DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	INJURY/CONDITION THERAPY			
Surgical Rehabilitation Pre-Surgical Optimization Sports Therapy Hand Therapy/Orthotics SPECIALIZED PROGRAMS Oncology Health Optimization Cancer – Pre/Post Surgery Lymphedema Vestibular/Balance Training Covington/Renton Pelvic Floor Rehabilitation Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion Renton location DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Acute Sprain/Strain			
Pre-Surgical Optimization Sports Therapy Hand Therapy/Orthotics SPECIALIZED PROGRAMS Oncology Health Optimization Cancer - Pre/Post Surgery Lymphedema Vestibular/Balance Training Pelvic Floor Rehabilitation Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Chronic/Overuse Injuries			
Sports Therapy Hand Therapy/Orthotics SPECIALIZED PROGRAMS Oncology Health Optimization Cancer - Pre/Post Surgery Lymphedema Vestibular/Balance Training Pelvic Floor Rehabilitation Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Surgical Rehabilitation			
Hand Therapy/Orthotics SPECIALIZED PROGRAMS Oncology Health Optimization Cancer - Pre/Post Surgery Lymphedema Vestibular/Balance Training Pelvic Floor Rehabilitation Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Pre-Surgical Optimization			
SPECIALIZED PROGRAMS Oncology Health Optimization Cancer – Pre/Post Surgery Lymphedema Vestibular/Balance Training Pelvic Floor Rehabilitation Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Sports Therapy			
Oncology Health Optimization Cancer – Pre/Post Surgery Lymphedema Vestibular/Balance Training Pelvic Floor Rehabilitation Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Hand Therapy/Orthotics			
Cancer – Pre/Post Surgery Lymphedema Vestibular/Balance Training Pelvic Floor Rehabilitation Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion PISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	SPECIALIZED PROGRAMS			
Lymphedema Vestibular/Balance Training Pelvic Floor Rehabilitation Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion PISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Oncology Health Optimization			
Vestibular/Balance Training Pelvic Floor Rehabilitation Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion PISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Cancer – Pre/Post Surgery			
Pelvic Floor Rehabilitation Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion Plisease Management & Prevention Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Lymphedema			
Aquatic Therapy Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion Plisease Management & Prevention Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Vestibular/Balance Training	Covington/Renton		
Wheel Chair Assessment/Fitting Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion Renton location DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Pelvic Floor Rehabilitation			
Prosthetics Training/LE Amputee Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion Renton location DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Aquatic Therapy			
Orthotic Fabrication/Training NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion PISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Wheel Chair Assessment/Fitting			
NEUROLOGICAL REHABILITATION Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion Renton location DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Prosthetics Training/LE Amputee			
Spinal Cord Injury Acute Stroke/Traumatic Brain Injury (TBI) Concussion PISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Orthotic Fabrication/Training			
Acute Stroke/Traumatic Brain Injury (TBI) Concussion DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	NEUROLOGICAL REHABILITATION			
Concussion DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Spinal Cord Injury			
DISEASE MANAGEMENT & PREVENTION Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Acute Stroke/Traumatic Brain Injury (TBI)			
Cardiac Rehabilitation Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	Concussion	Renton location		
Pulmonary Rehabilitation COVID Recovery Program Diabetes Education	DISEASE MANAGEMENT & PREVENTION			
COVID Recovery Program Diabetes Education	Cardiac Rehabilitation			
Diabetes Education	Pulmonary Rehabilitation			
	COVID Recovery Program			
Healthy Foundations Program	Diabetes Education			
	Healthy Foundations Program			
Health Risk Assessment/Management ■	Health Risk Assessment/Management			
Prescriptive Exercise Training	Prescriptive Exercise Training			
Fitness Center	Fitness Center			
COLLABORATIVE SERVICES				
PT + Nutrition	PT + Nutrition			
Multiservice patients OT/PT/SLP	Multiservice patients OT/PT/SLP			
Massage Therapy Maple Valley/Covington	Massage Therapy	Maple Valley/Covington		
Rehabilitation Medicine Physician Services	Rehabilitation Medicine Physician Services			

Lifestyle Medicine & Fitness Center

UW Medicine

VALLEY MEDICAL CENTER



valleymed.org/lifestylemed

Renton

4011 Talbot Rd. S, 1st Floor Renton, WA 98055 P. 425.690.3520 F. 425.690.9520

Maple Valley

24060 SE Kent Kangley Rd. Suite D-100 Maple Valley, WA 98038 P. 425.690.3522 F. 425.690.9522

Covington

17307 SE 272nd St. Suite 126 Covington, WA 98042 P. 425.690.3521 F. 425.690.9521

Outpatient Therapy Services

UW Medicine

VALLEY MEDICAL CENTER

Northwest Pavilion, Ground Floor 400 South 43rd Street Renton, WA 98055

valleymed.org/rehab P: 425.690.3650 F: 425.690.9650

